



Luxury Massage

THAI TRADITIONAL MASSAGE

50 MIN

Performed wearing loose style clothing, increases flexibility, relieves joint and muscle tension, and balances the body's energy system.

INDIAN HEAD MASSAGE

50 MIN

Indian head massage combines techniques to include various massage strokes and acupressure points.

POLYNESIAN MAORI MASSAGE

50 MIN

Maori Massage is deeply relaxing. It offers an opportunity to go within and restore a proper energy flow through the body. It works on physical, emotional as well as spiritual planes.

CHAVUTTI THIRUMAL

50 MIN

This is a unique whole body massage, where the pressure applied by feet, not hands more you can read here https://en.wikipedia.org/wiki/Chavutti_Thirumal

AYURVEDIC MASSAGE

50 MIN

An ayurvedic massage serves not only to relieve pain but especially as preventive medicine increasing circulation, stimulating and strengthening the lymphatic system, and opening the flow of life force in order to cleanse and revitalize the body with anti-ageing essential oils.

JAPANESE FACIAL MASSAGE

50 MIN

Three stages facial massage : exfoliating, moisturising and lymphatic drainage using acupressure, with head massage at the end

HAWAIIAN MASSAGE

50 MIN

This is a relaxing, flowing massage using the forearms in a wave-like motion to soothe large surface areas of muscles - Excellent for those who prefer a gentle massage.

THAI FOOT MASSAGE

50 MIN

Simply the best for your body. Pressure point healing foot massage.

OUR SIGNATURE MASSAGE

50 MIN

This massage combines techniques from different traditions such as Thai, Hawaiian, Swedish and Ayurvedic massage.

BODY POLISH MASSAGE

50 MIN

Your skin, the largest organ in the human body is an organ of elimination. One third of your body's toxins are excreted through the skin and dry brushing helps to unclog pores and remove toxins from the body.

HOLISTIC MASSAGE

50 MIN

Goes with a flow to create a unique, in the moment experienc.

HEALING HANDS MASSAGE

50 MIN

A beautiful combination of massage with reiki energy healing.



MOLINO DEL REY RETREAT CENTER

Luxury Facials

EXTREME LIFTING

50 MIN

Modelling and firming treatment for the face with an immediate and visible effect after just one session. The face shape is redefined resulting in a suprisingly lifting and youthful effect.

CELL RENEWAL

50 MIN

For skin with an uneven texture and imperfections such as wrinkles, scarring sun spots etc. This treatment is hydrating, revitalizing and anti-inflammatory. Offers deep hydrations, increases cell renewal.

SPECIAL TREATS

50 MIN

Ultra regeneration for your skin, featuring vitamin C, Vitamin D, Hyaluronic Acid and Collagen. Anti-ageing facial that reguvinates.

REVITALIZING OXYGEN

50 MIN

For tired, dull and devitalised skin. High antioxidant and protecting effects prevent early ageing. Stimulates blood flow, improves oxygenation of the tissues, and restores skins vitality and luminosity.

VITAL ACTIVE

50 MIN

Facial treatment with active vitamins tailored to your skin type and skin needs.



ANDREA VALOMO
PROFESSIONAL BEAUTY EXPERTS